

Received March 22, 2011

3-Year Plan 2009-2011

A hundred years after we are gone and forgotten, those who never heard of us will be living with the results of our actions.

- Oliver Wendell Holmes

Goal: Promote Self Advocacy/Self Determination

Promote SA/SD for individuals served.

- 1) Develop SA/SD groups in all adult day programs.
- 2) Develop SA/SD groups in high schools.

Promote SA/SD through parent/care giver training that also incorporates training on health/nutrition and the link between home and school/agencies.

- 1) Have a 1-day training in each county.
- 2) Have a 2-day mini conference centrally located.
- 3) Empowerment University.

Activity	Completion Date	Responsible Party
Sara Densmore Center	2010	

Activity	Completion Date	Responsible Party
1 school system	2010	SCOPE
3 school systems	2011	SCOPE
4 school systems	2012	SCOPE

Activity	Completion Date	Responsible Party
1 day trainings	2010	SCOPE
2 day mini conference	2011	SCOPE
Empowerment University	2012	SCOPE

Goal: Promote Least Restrictive Placement For Everyone

New Referrals.

- 1) Develop referral process that incorporates situational assessment.
- 2) Develop full continuum of services including supported employment, mobile work crews and community inclusion activities.

Those currently being served.

- 1) Utilization reviews.
- 2) Promote awareness and advantages of continuum of services.
- 3) Promote opportunities for movement through a continuum of services.

Activity	Completion Date	Responsible Party
Develop Referral process	2010	SCOPE
Supported Employment/Mobile Work Crews	2008	Accomplished 2008
Community Inclusion Activities	2008	Accomplished 2008

Activity	Completion Date	Responsible Party
Utilization Reviews	2010	SCOPE
Promote continuum of services	2011	SCOPE
Promote movement	2011	SCOPE

Goal: Promote Least Restrictive Placement For Everyone

New Services.

- 1) Develop adolescent homes in all 3 counties.
- 2) Expand inclusive semi-independent living in all 3 counties.
- 3) Develop a medically fragile home.
- 4) Explore need for assisted living type home.
- 5) Develop one adult home each year to address waiting list.

Existing Services.

- 1) Do Utilization reviews on individuals currently receiving residential services for consideration of least restrictive placement.
- 2) Move 5% of currently served too less restrictive placement.
- 3) Use openings created by move of 5% to address individuals on waiting list.

Activity	Completion Date	Responsible Party
Lauderdale home	2005	Accomplished 2005
Franklin home	2006	Accomplished 2005
Colbert home	2010	

Activity	Completion Date	Responsible Party
Semi-Independent Franklin	2010	
Semi-Independent Lauderdale	2011	
Semi-Independent Colbert	2011	

Activity	Completion Date	Responsible Party
Medically Fragile Home	2007	Accomplished 2007
Explore Assisted Living option	2005	SCOPE

Activity	Completion Date	Responsible Party
Adult Home-Franklin	2005	Accomplished 2007
Adult Home-Colbert	2006	Accomplished 2009
Adult Home-Lauderdale	2007	Accomplished 2007

Activity	Completion Date	Responsible Party
Utilization reviews	2010	SCOPE
Move 5%	2011	SCOPE
Address waiting list	2010	SCOPE

Goal: Promote Families Staying Together

- 1) Develop community respite programs in each county.
- 2) Develop an out of home respite bed open available to all qualified.
- 3) Develop a crisis/short term bed available to all qualified.
- 4) Develop inclusive after school program.
- 5) Develop inclusive summer program.
- 6) Expand personal care services.

Activity	Completion Date	Responsible Party
Respite Lauderdale	2009	
Respite Franklin	2010	
Respite Colbert	2011	

Activity	Completion Date	Responsible Party
Out of home respite bed	2009	
Crisis/Short Term bed	2010	
Expand personal care 10% per year	On-going	

Goal: Promote Full Inclusion

- 1) Recognize/honor current programs/efforts.
- 2) Support current programs/efforts to maximize inclusion.
- 3) Do public inclusion marketing campaign.

Activity	Completion Date	Responsible Party
Recognize current programs	2009	SCOPE
Support current programs	2010	SCOPE

Activity	Completion Date	Responsible Party
Explore campaign options	2010	SCOPE
Develop campaign	2010	SCOPE
Campaign	2011	SCOPE

**Local Planning Documents
Supplement**

Name of 310 Board: Shoals Cope for MR (SCOPE 310 Authority)

Mission Statement: It is the mission of SCOPE 310 Authority to ensure provision of a system of effective and efficient services to the citizens of this area with an intellectual disability (ID) and/or developmental disabilities. This is consistent with the provisions of Alabama Acts 881 and 310. The system of services shall be consumer and family driven, shall be provided in the least restrictive setting, shall maximize consumer and family input and shall use existing support systems whenever possible.

Vision Statement: A dynamic, life long, service delivery system that empowers individuals with developmental disabilities and/or intellectual disabilities and their families to choose the services that enhance the quality of their lives, while maintaining the highest quality of services possible in a supportive, inclusive community.

Counties Served: Lauderdale, Colbert and Franklin

Population Served: Early Intervention Birth to 36 months
Individuals with Intellectual Disabilities ages 3+

Dates of Plan: 10/1/2009-9/30/2011

Planning Process: Feedback in a variety of ways both formal and informal from individuals served, families of those served, individuals on the waiting list, family of those on waiting list, staff, Board of Directors, providers in the area, agencies and organizations that support or are linked to our mission; DHR, Public Health, Schools, Riverbend Mental Health, NACOLG etc. In addition a public meeting is held annually in conjunction with Riverbend Mental Health to receive input and feedback from the public.

Stakeholder & Roles: See above

Method of Assessment: See above

Greatest Unmet Need: See enclosed planning document

Current Services: Early Intervention, ID Wavier services, Information & Referral, Planning

Needed Expansion: See enclosed planning document

Plans/Goals: See enclosed planning document

Plan Monitoring: Board of Directors reviews annually

Funding: 98% of funds derived from DMH contract
2% of funds from local governmental sources